

# LncRNA H19 functions as a competing endogenous RNA to regulate AQP3 expression by sponging miR-874 in the intestinal barrier

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**Intestinal barrier dysfunction is a significant clinical problem, which develops in a variety of acute or chronic pathological conditions. In a previous study, we found that microRNA-874 (miR-874) suppresses aquaporin-3 (AQP3) expression, which contributes significantly to intestinal barrier dysfunction. Recently, a new regulatory circuit was identified in which RNA can crosstalk with each other by competing for shared miRNA. Here, we show that the human long noncoding RNA (lncRNA) H19 may function as a competing endogenous RNA (ceRNA) to regulate the expression of AQP3 through competition for miR-874, thus playing a significant role in maintaining intestinal barrier function.**

**Keywords:** MicroRNA; Long non-coding RNA; Intestinal barrier

The intestinal barrier, which consists of mechanical, biological, immunological and chemical barriers, plays a central role in maintaining internal homeostasis [1]. Intestinal barrier dysfunction is observed in a variety of acute or chronic pathological conditions, such as trauma, ischaemia, inflammatory bowel diseases (IBD), total parenteral nutrition (TPN) and intestinal obstruction [2–4]. Several lines of evidence support the concept that intestinal barrier dysfunction may increase the intestinal permeability, which often causes fatal conditions, including sepsis and multiple organ failure, resulting in a high degree of morbidity and mortality [4,5]. Although many investigations have focused on the regulatory mechanisms of intestinal mucosal barrier

function under different pathological conditions, the underlying molecular mechanisms of intestinal barrier dysfunction remain poorly understood.

miRNA are ~ 20 nucleotide long regulatory noncoding RNA that are initially expressed as hairpin transcripts of primary miRNA and play an important role in modulating the activity of thousands of genes by translational repression or promoting RNA degradation [6–8]. Our previous studies found that miR-874 suppressed aquaporin-3 (AQP3) expression by binding to the 3'UTR of AQP3 mRNA in Caco-2 cells [9]. This down-regulation of AQP3 significantly impaired the intestinal barrier integrity via opening the tight junction complex, which may promote intestinal barrier dysfunction [10].

## Abbreviations

ceRNA, competing endogenous RNA; IHC, immunohistochemistry; lncRNA, long noncoding RNA; LY, lucifer yellow; PBS-T, PBS containing 0.05% Tween 20; qRT-PCR, quantitative real-time PCR; SMA, superior mesenteric artery; TEER, transepithelial electrical resistance.

Long noncoding RNA (lncRNA), defined as noncoding RNA more than 200 nucleotide in length, were once considered to be simply transcriptional 'noise' or cloning artefacts in past decades [11]. However, recent studies demonstrated lncRNA may function as competing endogenous RNA (ceRNA) that 'sponge' miRNA, thereby modulating the derepression of miRNA targets and imposing an additional level of post-transcriptional regulation [12,13]. lncRNA H19 was discovered in 1991 by Bartolomei *et al.* [14] and was first described as a tumour suppressor, but more recent analysis shows that H19 plays an important role in a wide range of biological processes, including proliferation, cell cycle, apoptosis, differentiation and invasion [15–19].

In this study, we report that lncRNA H19 down-regulation is a characteristic molecular change in intestinal barrier dysfunction and investigate the biological roles of H19 on the intestinal barrier. Moreover, mechanistic analysis reveals that H19 may function as a ceRNA to regulate the expression of AQP3 through competition for miR-874, thus playing a protective role in the intestinal barrier. The present work provides the first evidence for a correlation between miR-874, H19 and AQP3, shedding new light on the treatment of intestinal barrier dysfunction.

## Materials and methods

### Patient samples

Paired specimens of proximal mucous tissues and distal mucous tissues of lesion locations were obtained from 39 adhesive small-bowel obstruction patients who had undergone partial excision of the small bowel at Nanjing Medical University Affiliated First Hospital, between February 2011 and May 2014. Samples were immediately frozen in liquid nitrogen. This study was approved by the Ethics Committee of the First Affiliated Hospital of Nanjing Medical University, and every patient provided written informed consent. The study methodologies conformed to the standards set by the Declaration of Helsinki.

### Mouse model of intestinal ischaemia reperfusion injury

All procedures and animal care were approved by the institutional animal care and use committee of Nanjing Medical University followed internationally recognized guidelines. A total of 40 eight-week-old C57BL/6 mice (Chinese Academy of Sciences, Shanghai, China) were randomly divided into sham group, 15, 30 and 45 min occlusion group. The mouse abdominal cavity was opened after

intraperitoneal anaesthesia using 40 mg·kg<sup>-1</sup> pentobarbital. By using nontraumatic vascular clamps, the superior mesenteric artery (SMA) was occluded for 15, 30 or 45 min with 5 min reperfusion in each ischaemic group. The animals in the sham group underwent laparotomy without SMA occlusion. After the above procedures, 10 cm of jejunum was obtained for immunochemistry, western blot, quantitative real-time PCR (qRT-PCR) and miRNA PCR analyses.

### Cell culture assays

Human Caco-2 cells were purchased from the Chinese Academy of Sciences and routinely cultured in DMEM (Gibco, Carlsbad, CA, USA) containing 1% nonessential amino acids (Gibco, Montevideo, Uruguay) and 10% fetal bovine serum (Gibco, Montevideo, Uruguay) at 37 °C with 5% CO<sub>2</sub>. To form the Caco-2 monolayer, 2.0 × 10<sup>5</sup> Caco-2 cells were seeded onto the apical chamber of a Transwell bicameral chamber containing 0.4 µm pores and were grown for 14 days to reach confluence and fully differentiate. An intestinal ischaemia model *in vitro* was established by incubating the Caco-2 cells in anaerobic chambers (Thermo Scientific, 37 °C, 10% CO<sub>2</sub>, 1% O<sub>2</sub>) with serum-free conditions. The cell line has been tested and authenticated.

### Lentivirus production and cell transfections

Two complementary oligonucleotides of small hairpin RNA targeting the 5'-CGTGACAAGCAGGACATGA-3' sequence were chemically synthesized, subcloned into the GV115 lentiviral vector (GenePharma, Shanghai, China) and transfected into Caco-2 cells to generate Caco-2/siH19. A hairpin siRNA with no sequence homology to human genes provided by the manufacturer (GenePharma) was used as the negative control (siH19NC). For overexpression, the full-length H19 complementary DNA was subcloned into the GV299 lentiviral vector (GenePharma) and transfected into Caco-2 cells to generate Caco-2/H19, and the GV299 empty lentiviral construct (GenePharma) was used as a negative control (H19NC) for H19 overexpression. We also modified the commercial LV3-has-miR-874-pre-microRNA vector (pre-miR-874) and LV3-has-miR-874-sponge inhibitor vector (miR-874 inhibitor) from GenePharma. LV3 empty lentiviral construct (miR-NC) served as a negative control (GenePharma). Briefly, the vectors described above were used to infect cells at an appropriate multiplicity of infection (MOI) when Caco-2 cells had grown to 20–30% confluence by using Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA) for 24 h. Then, stable cell lines were selected using 3 µg·mL<sup>-1</sup> bulk puromycin-resistant culturing (puromycin; Sigma, St Louis, MO, USA) for 5 days. After that, cells were subjected to RNA/protein extraction and further functional assays.

## Luciferase assay

Caco-2 cells ( $2.0 \times 10^4$ ) were cultured in 96-well plates and transfected with 150 ng of either miR-874 or empty vector together with 50 ng of firefly luciferase reporter carrying the 3'UTR of AQP3, wild-type or mutant H19 fragment, and 2 ng of pRL-TK (Promega, Madison, WI, USA) using Lipofectamine 2000 (Invitrogen). rno-miRNA-344 (GenePharma) acts as a negative control. At 48 h post-transfection, relative luciferase activity was calculated using a luciferase assay kit (Promega) according to the manufacturer's instructions. The transfection was repeated in three times.

## qRT-PCR and miRNA RT-PCR

Total RNA was extracted from frozen tissues and cells using TRIzol reagent (Invitrogen), and reverse transcription using Moloney murine leukaemia virus (M-MLV) reverse transcriptase (Promega) was carried out according to the manufacturer's instructions. qRT-PCR was performed using a 7500 Real-Time PCR System (Applied Biosystems, Carlsbad, CA, USA) with Fast Start Universal SYBR Green Master (Roche, San Francisco, CA, USA).  $\beta$ -actin was used as a reference for lncRNA. The gene-specific primers were as follows: H19 (forward: 5'-ATCGGTGCTCAGCGTTCGG-3'; reverse: 5'-CTGTCCTCGCCGTCACACCG-3');  $\beta$ -actin (forward: 5'-TCATGAAGTGTGACGTGGACAT-3'; reverse: 5'-CTCAGGAGGAGCAATGATCTTG-3'). Target-specific reverse transcription and Taqman microRNA assay probes were assayed using the Hairpin-ITM miRNA qPCR Quantitation Kit (GenePharma), according to the manufacturer's instructions. The reactions were also performed using the 7500 Real-Time PCR System. The snRNA U6 was selected as an endogenous reference for miRNA. Data analysis was performed using the  $2^{-\Delta C_t}$  method. All experiments were performed independently in triplicate.

## Western blot assay

Antibodies against AQP3 (Abcam, Cambridge, MA, USA, 1 : 500 dilution), claudin-1 (Cell Signaling Technology, Boston, MA, USA 1 : 400 dilution), occludin (Abcam, 1 : 400 dilution), claudin-2 (Abcam, 1 : 500 dilution), ZO-1 (Cell Signaling Technology, 1 : 1000 dilution), E-cadherin (Cell Signaling Technology, 1 : 500 dilution), beta-catenin (Cell Signaling Technology, 1 : 500 dilution) and GAPDH (Abcam, 1 : 1000 dilution) were used. Western blot assays were carried out as previously described [9].

## Immunohistochemistry

All specimens were fixed in 4% formalin for 24 h and then embedded in paraffin. MaxVision™ techniques (Maixin-Bio, Shanghai, China) were used for immunohistochemistry (IHC)

according to the manufacturer's instruction. After blocking the endogenous peroxides and proteins, 4  $\mu$ m sections were incubated overnight at 4 °C with diluted primary antibodies specific for AQP3 (Abcam, 1 : 200 dilution). Next, the slices were incubated with HRP-polymer-conjugated secondary antibody at 37 °C for 1 h. Then, the slices were stained with a 3,3'-diaminobenzidine solution for 3 min and counterstained with haematoxylin. The images were then scored according to the staining depth as previously described [20].

## Immunofluorescence

After cell transfections, Caco-2 cells were washed with 0.1 mol·L<sup>-1</sup> HEPES containing Immunol Staining Fix Solution (Beyotime, Shanghai, China) for 15 min after culturing to 20% confluence. After washes in Immunol Staining Wash Buffer (Beyotime), the fixed cells were blocked in Immunol Staining Blocking Buffer (Beyotime) for 60 min at room temperature. After overnight incubation at 4 °C with primary AQP3 antibody at a dilution of 1 : 200 (Abcam), the cells were incubated with PE-labelled goat anti-(mouse secondary antibodies) (Beyotime) at 37 °C for 80 min after washing 5 $\times$  with PBS containing 0.05% Tween 20 (PBS-T). The cells were then washed again 5 times for 10 min with PBS-T, and the nuclei were counterstained with diaminophenylindole (0.5  $\mu$ g·mL<sup>-1</sup>) for 5 min. Cells were visualized under a fluorescence microscope (Nikon, Tokyo, Japan) using Axio Vision software.

## RNA-binding protein immunoprecipitation (RIP) assay

We performed RIP experiments using the Magna RIP kit (Millipore, Bedford, MA, USA), according to the manufacturer's protocol. Briefly, Caco-2 cells were scraped off and lysed in complete RIP lysis buffer at 50% confluence. Then, 100  $\mu$ L of whole cell extract was incubated with RIP buffer containing magnetic beads conjugated with human anti-(Ago2) antibody (Millipore) or normal mouse IgG (negative control; Millipore). After digesting the protein by incubating with proteinase K, immunoprecipitated RNA was isolated and purified. Then, qRT-PCR analysis was performed to demonstrate the presence of the binding targets.

## Measurement of the transepithelial electrical resistance

A Millicell electrical resistance system (Millipore) was used to measure the transepithelial electrical resistance (TEER) of the Caco-2 cell monolayer at 7, 11, 21 and 28 days after seeding.

## Bacterial translocation and paracellular permeability

When the Caco-2 cell monolayer had grown in culture for 14 days, an inoculum containing  $10^5$  bacterial cells (*E. coli*

C25) was added to the apical side. At 20, 40, 120, and 180 min after adding bacteria, bacterial translocation was measured by quantitatively culturing samples of medium (100  $\mu$ L) obtained from the basal chamber.

Paracellular permeability was assessed by measuring the flux of lucifer yellow (LY) from apical to basal chambers of the Transwell as described previously [9].

### Statistical analysis

Statistical analysis was performed using spss ver. 11.0 for Windows (SPSS Inc., Chicago, IL, USA). All continuous variables were expressed as the mean  $\pm$  SD, and comparison analysis was performed with paired and unpaired Student's *t*-test and analysis of variance (ANOVA). *P*-values < 0.050 were considered statistically significant.

## Results

### lncRNA H19 controls the miR-874 targeting AQP3

Among the many targets of miR-874, we concentrated on AQP3 because several lines of evidence supported the concept that AQP3 protein plays a key role in maintaining intestinal barrier function [10,21]. Furthermore, our previous studies revealed that miR-874 decreased AQP3 expression in Caco-2 and gastric cancer cells by targeting its 3'UTR [9,22]. To investigate whether the expression of miR-874 is regulated by lncRNA, Diana Tools (<http://diana.imis.athena-innovation.gr/>) and Segal Lab (<http://genie.weizmann.ac.il/>) were used in combination to predict lncRNA which might target miR-874. As shown in Fig. 1A, bioinformatics analysis revealed a putative lncRNA, lncRNA H19, containing a putative 7-mer-binding motif binding site within miR-874.

The lncRNA H19 was cloned downstream of the luciferase gene and named RLuc-H19-WT and then transfected together with miR-874-coding plasmids. The results showed that luciferase activity was reduced by  $\sim$  50% compared with the empty vector control when miR-874 was expressed (Fig. 1B). Then, we mutated the putative miR-874 binding site by site-directed mutagenesis, resulting in RLuc-H19-Mut (Fig. 1A). As expected, suppression of luciferase activity was completely abolished in this mutant construct compared with wild-type vector (Fig. 1B). The 3'UTR of AQP3 was fused to the luciferase coding region (RLuc-AQP3 3'UTR) and transfected with plasmids encoding miR-874 and an empty plasmid vector. rno-miRNA-344 acted as a negative control. The luciferase assay showed that miR-874 significantly inhibited luciferase activity of the RLuc-AQP3 3'UTR reporter.

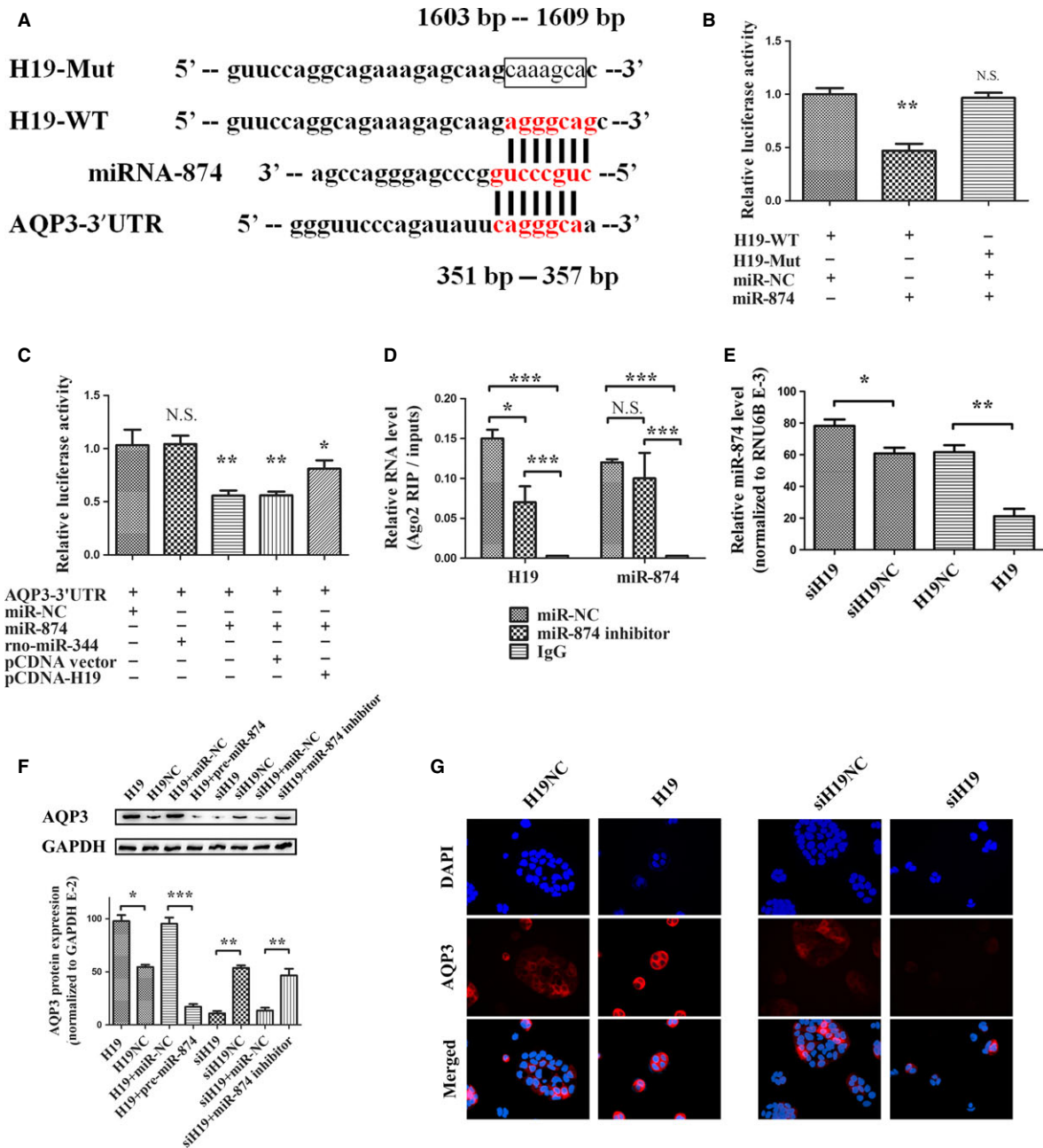
Then, RLuc-AQP3 3'UTR was subsequently transfected together with plasmids encoding miR-874 and H19 (pCDNA/H19). Luciferase assays indicated that, in the presence of H19, RLuc-AQP3 3'UTR repression was restored compared with the control group (Fig. 1C).

miRNA ribonucleoprotein complexes (miRNPs) contain Ago2 protein, the core component of the RNA-induced silencing complex (RISC) and miRNA are known to be present in the cytoplasm in the form of miRNPs [23,24]. After treatment with a miR-874 inhibitor and miR-NC, respectively, RIP experiments were performed on Caco-2 cell extracts using antibodies against Ago2. The results found that H19 and miR-874 were preferentially enriched in Ago2-containing miRNPs relative to control immunoprecipitates (IgG). When we down-regulated the level of miR-874 in Caco-2 cells, the level of H19 was significantly reduced in immunoprecipitates (Fig. 1D).

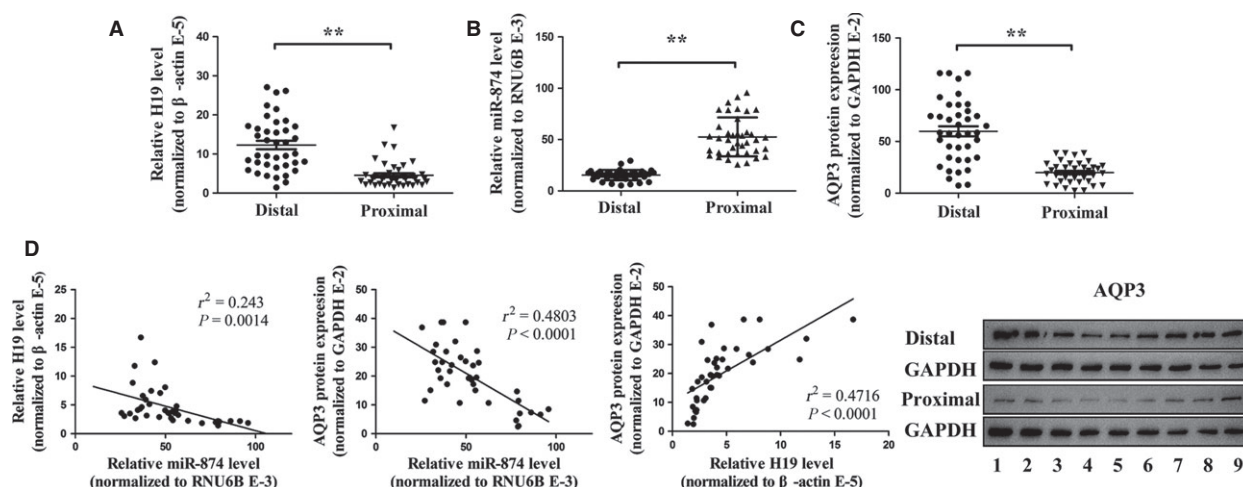
To investigate the impact of H19 and miR-874 on AQP3 expression in Caco-2 cells, we performed both overexpression and knockdown experiments. H19 knockdown in Caco-2 cells resulted in the up-regulation of the miR-874 (Fig. 1E) and down-regulation of the AQP3 protein compared with the negative control (Fig. 1F,G). Conversely, the level of miR-874 was significantly reduced (Fig. 1E) and the protein level of AQP3 was significantly increased in Caco-2 cells following overexpression of H19 (Fig. 1F,G). The results of rescue experiment indicated that the positive relationship between H19 and AQP3 could be reverted by overexpression and knockdown of miR-874 in Caco-2 cells (Fig. 1F).

### H19, miR-874 and AQP3 expression in adhesive small-bowel obstruction tissues

To evaluate the expression pattern of miR-874 and lncRNA H19 in human disease small-bowel mucous samples, we employed qRT-PCR in 39 pairs of mucous tissues proximal and distal to lesion locations obtained from adhesive small-bowel obstruction patients who had undergone partial excision of the small bowel. The results indicated that miR-874 was significantly up-regulated and H19 was significantly down-regulated in proximal compared with the distal tissues of diseased small-bowel mucous (Fig. 2A,B). Thirty-eight of 39 (97%) were significantly reduced in proximal tissues of diseased small-bowel mucous compared with matched distal tissues. The AQP3 protein expression of nine random matched samples is shown in Fig. 2C. We also found a relationship between the



**Fig. 1.** lncRNA H19 controls the miR-874 targeting AQP3. (A) Bioinformatics analysis revealed a putative 7-mer-binding motif within lncRNA H19 and the AQP3 3'UTR regions which contains the binding site for miR-874. Mutant H19 (H19-Mut) was generated by mutating the putative miR-874 binding site. (B) The luciferase reporter plasmid containing wild-type or mutant H19 was cotransfected into Caco-2 cells with miR-874 in parallel with an empty plasmid vector. Luciferase activity was determined using the dual luciferase assay and shown as the relative luciferase activity normalized to *Renilla* activity. The histogram indicates the values of luciferase measured 48 h after transfection. (C) The 3'UTR of AQP3 was fused to the luciferase coding region (RLuc-AQP3 3'UTR) and transfected in Caco-2 cells with miR-874 to confirm AQP3 is a target of miR-874. RLuc-AQP3 3'UTR and miR-874 constructs were cotransfected into Caco-2 cells with plasmids expressing H19 (pCDNA/H19) or with a control vector to verify the ceRNA activity of H19. rno-miRNA-344 was used as a negative control. The histogram indicates the values of luciferase measured 48 h after transfection. (D) RIP with mouse monoclonal anti-Ago2, preimmune IgG or input from Caco-2 cell extracts. RNA levels in immunoprecipitates were determined by qRT-PCR. (E) The expression of miR-874 in Caco-2 cells was examined by miRNA RT-PCR after transfection with H19 and siH19. (F, G) Immunofluorescence and western blot analysis of AQP3 protein levels following treatment of Caco-2 cells with siH19, H19, pre-miR-874 and/or miR-874 inhibitor. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ . N.S., not significant.



**Fig. 2.** Expression pattern of H19, miR-874 and AQP3 in adhesive small-bowel obstruction tissues. (A, B) qRT-PCR and miRNA RT-PCR were used to detect the expression of H19 and miR-874 in 39 pairs of proximal and distal mucous tissues from the lesion location, which were obtained from adhesive small-bowel obstruction patients who had undergone partial excision of the small bowel. (C) Western blot was used to detect the expression of AQP3 in proximal and distal mucous tissues, and the protein expression of nine random matched samples is shown. (D) The scatter plots show the expression of H19, miR-874 and AQP3 in proximal mucous tissues. Linear regression analysis was used to measure the association between H19, miR-874 and AQP3.

levels of H19, miR-874 and AQP3 protein expression in proximal mucous tissues of diseased small bowel (Fig. 2D).

### Changes of H19, miR-874 and AQP3 expression in a mouse model of intestinal ischaemia reperfusion injury

To further investigate the changes of H19, miR-874 and AQP3 expression in intestinal barrier dysfunction, we established a mouse model of intestinal ischaemia reperfusion injury. The results of qRT-PCR showed a time-dependent increase in miR-874 expression and a time-dependent decrease in H19 expression (Fig. 3A, B). The results of IHC and western blot showed that ischaemia reperfusion induced a time-dependent decrease of AQP3 protein expression after 15 min of SMA occlusion (Fig. 3C,D). Notably, we also found that the level of miR-874 expression was inversely related to H19 and AQP3 protein expression after 15 min of intestinal ischaemia (Fig. 3E,F).

### Expression pattern of H19, miR-874 and AQP3 in Caco-2 cells under hypoxia and serum-free conditions

Intestinal barrier dysfunction was simulated *in vitro* by culturing Caco-2 cells under hypoxia and serum-free conditions for 0, 4, 8 and 12 h respectively. The results of qRT-PCR and western blot showed that the level of AQP3 protein and H19 expression were

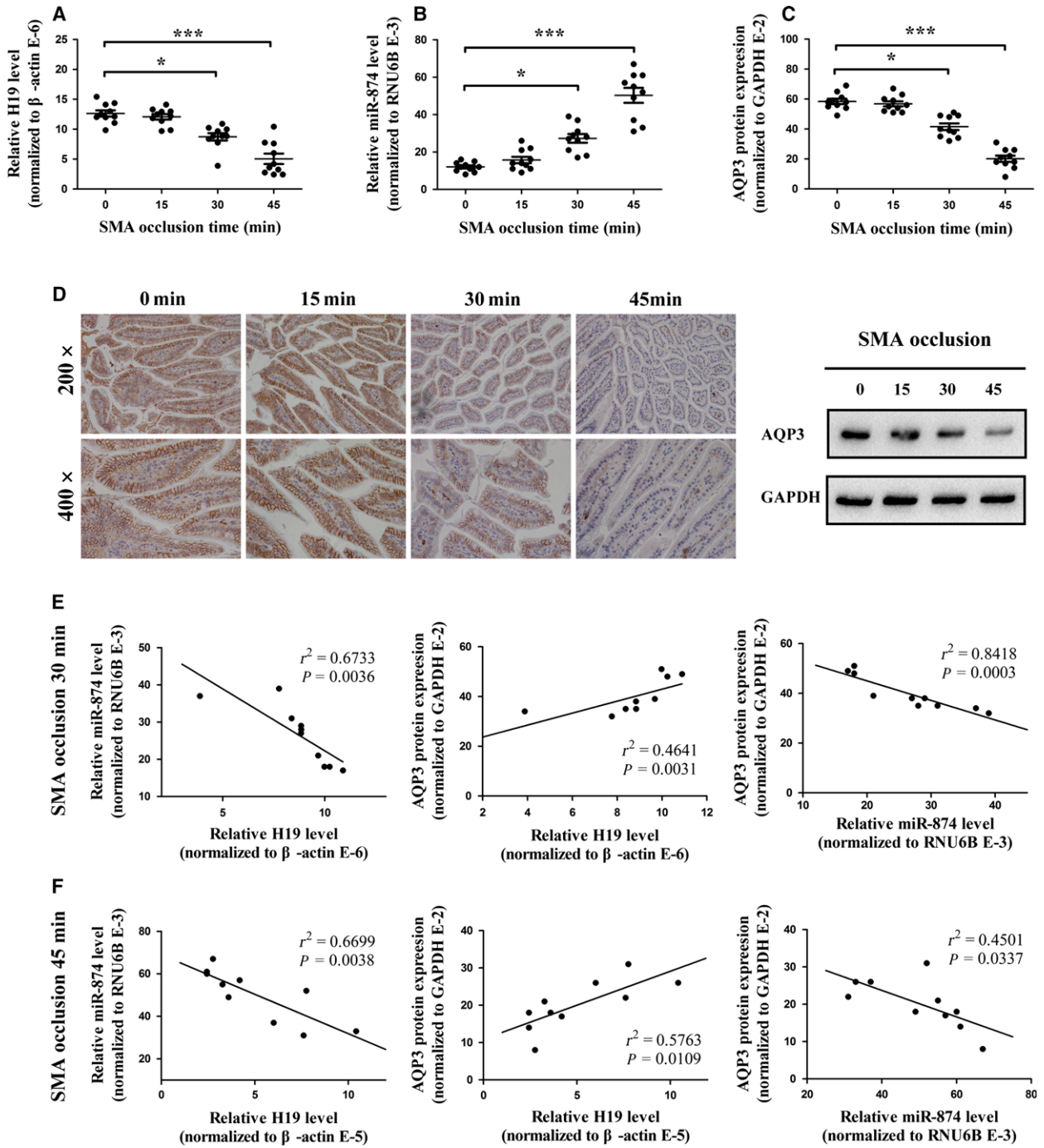
significantly reduced in a time-dependent manner in hypoxic and serum-free conditions (Fig. 4A,C). In contrast, the level of miR-874 was significantly increased with incubation time (Fig. 4B). Correlation analysis further suggested that the expression of H19, miR-874 and AQP3 showed a tendency towards correlation, but the results were not significant (data not shown).

### Effect of H19 on TEER, paracellular permeability and *E. coli* translocation

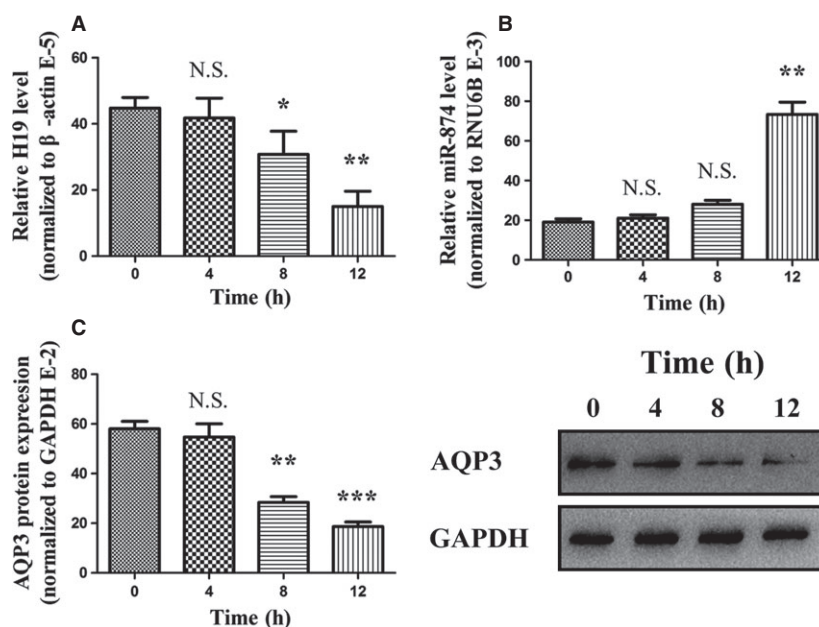
The results showed that knockdown of H19 in Caco-2 cells caused a time-dependent increase in paracellular permeability compared with control groups, as measured by decreased TEER, increased LY permeability and *E. coli* translocation. In contrast, the paracellular permeability of the Caco-2 monolayer with overexpressed H19 showed a tendency to decrease. The results of rescue experiment showed that the negative regulation of Caco-2 cell monolayer paracellular permeability by H19 could be reverted by overexpression (H19/pre-miR-874) or knockdown (siH19/miR-874 inhibitor) of miR-874 (Fig. 5).

### H19 alters the expression of the tight junction proteins

Tight junction proteins, including occludin, claudin-1, claudin-2, ZO-1, E-cadherin and beta-catenin were



**Fig. 3.** Expression pattern of H19, miR-874 and AQP3 in a mouse model of intestinal ischaemia reperfusion injury. The superior mesenteric artery (SMA) was occluded for 0, 15, 30 and 45 min with 5 min reperfusion by using nontraumatic vascular clamps in the mouse intestinal ischaemia reperfusion injury model. Each group included 10 mice. (A, B) qRT-PCR and miRNA RT-PCR were used to detect the expression of H19 and miR-874 in each group. (C, D) Western blot and IHC were used to detect the expression of AQP3 in each group. (E, F) The scatter plots show the expression of H19, miR-874 and AQP3 in each group. Linear regression analysis was used to measure the association between H19, miR-874 and AQP3.



**Fig. 4.** Expression pattern of H19 miR-874 and AQP3 in a cellular hypoxia model. Caco-2 cells were incubated under hypoxia and serum-free conditions for 0, 4, 8 and 12 h. (A, B) qRT-PCR and miRNA RT-PCR were used to detect the expression of H19 and miR-874. (C, D) Western blot was used to detect the expression of AQP3.

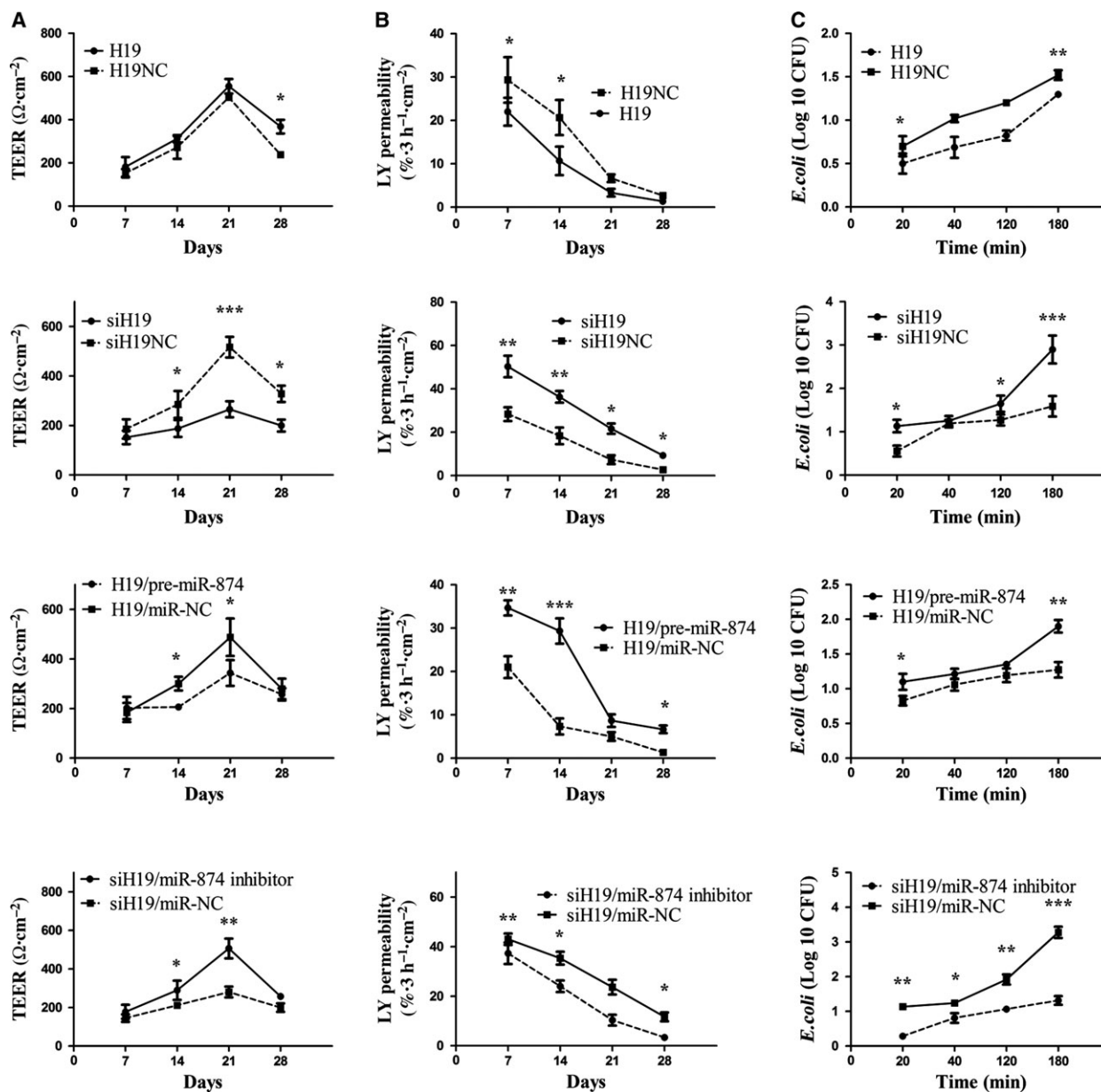
detected by western blot in Caco-2 cells with both H19 overexpression and knockdown. The results showed that the expression of occludin and claudin-1 was significantly positively changed with H19 in Caco-2 cells. Expression of the other tight junction proteins did not change significantly (Fig. 6).

## Discussion

Our previous study showed that AQP3 plays an important role in maintaining normal function of the intestinal barrier [10]. Furthermore, the effect and underlying mechanism of miR-874 on regulation of the intestinal barrier through targeting the 3'UTR of AQP3 was also confirmed [9]. Recently, a new regulatory mechanism was reported whereby lncRNA may function as competing endogenous RNA (ceRNA) to sponge miRNA, thereby modulating the derepression of miRNA targets and imposing an additional level of post-transcriptional regulation [25–28]. Inspired by the ceRNA regulatory network and our previous studies, we hypothesized that AQP3 protein may also be regulated by an lncRNA that serves as a ceRNA by sponging miR-874. In support of this notion, we employed bioinformatics analysis to predict putative lncRNA which might target miR-874. As expected, a putative lncRNA, lncRNA H19, which contains a putative 7-mer-binding motif binding site within miR-874, was

found. RIP and luciferase assays validated the direct binding of the miR-874 response elements on the predicted lncRNA transcript. In addition, when H19 was overexpressed or knocked down in Caco-2 cells, the expression of miR-874 and AQP3 protein was observed to be negatively or positively regulated respectively. Taken together, these data are consistent with our hypothesis and indicate that H19 may interact with miR-874 to post-transcriptionally regulate the AQP3 protein.

The biological role of lncRNA H19 has been commanding attention for many years. Recent reports found that H19 may could function as a ceRNA for miRNA, antagonized its function [29,30]. In the present study, we investigated the expression pattern of H19, miR-874 and AQP3 in mucous tissues of adhesive small-bowel obstruction patients. The data showed that both H19 and AQP3 were expressed at higher levels in distal mucous tissues of lesion locations, with a lower expression of miR-874. Moreover, H19 expression was positively correlated with the expression of AQP3 and negatively correlated with the miR-874 in proximal mucous tissues of the lesion location. To further investigate the role of H19 in intestinal barrier dysfunction, a mouse model of intestinal ischaemia reperfusion injury was established. We examined the expression of H19, miR-874 and AQP3 in intestinal mucous tissues with different SMA

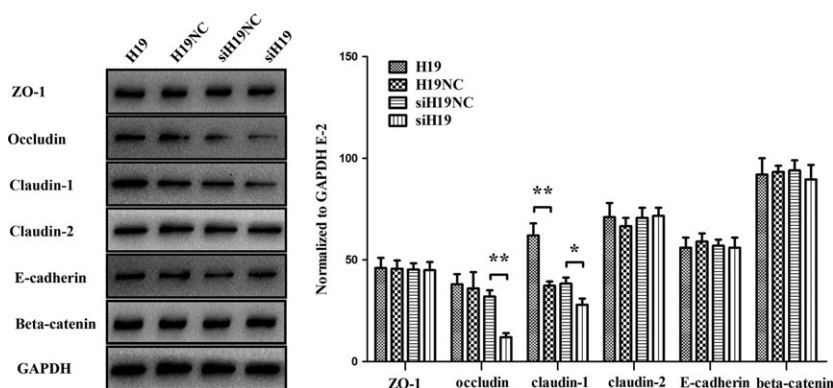


**Fig. 5.** H19 alters intestinal barrier function through miR-874. H19 and/or miR-874 were either overexpressed or knocked down in Caco-2 cells to generate H19, H19NC, siH19, siH19NC, H19/pre-miR-874, H19/miR-NC, siH19/miR-874 inhibitor and siH19/miR-NC. The formation of the monolayer of Caco-2 cells was monitored by measurements of the TEER (A), LY permeability (B) and bacterial translocation (C).

occlusion times. The results revealed that ischaemia reperfusion induced a time-dependent increase of miR-874 expression and a time-dependent decrease of H19 and AQP3 expression, and the level of miR-874 expression was inversely related to H19 and AQP3 protein expression. It confirmed the effect and underlying mechanism of H19 on regulation of the intestinal barrier.

To further define the effect of bacteria translocation and endotoxin following H19 knockdown and

overexpression, we developed an *in vitro* cultured epithelial monolayer system, utilizing the Caco-2 cell line with different expressions of H19 and miR-874. Based on LY permeability, TEER and *E. coli* translocation results, it appears that the knockdown of H19 promoted the increase of paracellular permeability. In contrast, the level of paracellular permeability tends to be lower in the Caco-2 cell line with H19 overexpression compared with the control group. However, when we re-expressed miR-874 in the Caco-2 cells, the



**Fig. 6.** H19 alters the expression of the tight junction proteins. The expression of tight junction proteins was detected by western blot.

transformation of paracellular permeability caused by H19 was restored. Moreover, our results showed two tight junction proteins, occludin and claudin-1, were significantly decreased in Caco-2 cells treated with siH19 compared with the negative control. All these findings further confirmed that H19 plays an important role in intestinal barrier dysfunction through targeting miR-874.

In summary, this study demonstrated that H19 down-regulation is a characteristic molecular change in intestinal barrier dysfunction, and we investigated the biological roles of H19, which may function as a ceRNA to regulate the expression of AQP3 through competition with miR-874. Further studies are required to assess the possibility of maintaining H19 expression to treat intestinal barrier dysfunction.

### Author contributions

HX and ZX conceived the study. ZS performed most experiments. XZ and QZ performed immunofluorescence and PCR experiments. LY analysed the data, and ZS wrote the paper. All authors discussed the results and commented on the manuscript.

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